

Upper School Parents' Association February 2009 Newsletter

Dear Upper School Parents,

Happy Winter! Want to beat the winter cold and meet more BB&N parents? Want to have a fun and different night? Join us for our second **USPA Mystery Dinner on Saturday, February 7th at 6:00 pm**, starting at the Upper School.

This friend-raiser event starts with an appetizer party at the Upper School for all diners and then you will move to one of many locations for a theme dinner hosted by BB&N families. Your dinner hosts and location are the mystery! The response has been great and we only have a few openings left. To register, [Click Here](#).

Diet, transportation restrictions? Questions? Please contact Sonia Parisca-Blanco at sparisca@comcast.net.

Thanks to all the parents who have worked hard to support students, faculty, and other parents in the first half of the school year. We all owe them a big thanks! If anyone has not submitted approved expenses, please do so right away, as we want to keep our books up to date.

Sincerely,

Anne Lovett, Sonia Parisca, Lisa Aulet, Tammy McLeod, and Maria Lopez

What's Going on this Month?

USPA Meeting: Helping our Teens Cope with Stress

Wednesday, February 25th, 6:30 pm

Your PA team is planning an educational evening to explore teen anxieties and teach how to take a proactive approach to stress. More details to follow.

US Family Community Service Trip.

Special Olympics Winter Games, Worcester

Sunday, March 1, 6:30 am at the Upper School

Parent drivers and chaperones are needed. We will be leaving BB&N at 6:30 am, and are scheduled to return mid afternoon. Please e-mail

robinsuegilbert@aol.com. US students who want to volunteer can also e-mail Robin Gilbert. Community service credit will be awarded for hours worked.

**US Book Club. hosted by US Director Jack Knapp
Wednesday, March 11, 7:00 pm, Upper School Library.
Discussion book: *Outliers*, by Malcolm Gladwell**

This group is open to anyone interested in participating. The only requirements are a willingness to read and an interest in discussing subjects inspired by the reading. Come and express your own interpretations!

Parents' Association Call for Nominations:

The Parents' Association Executive Board is seeking nominations for the 2009-10 school year for the following positions:

- Executive VP
- Treasurer
- Assistant VPs for the Lower, Middle, and Upper Schools
- Communications Coordinator
- Athletic Liaison

Every parent can nominate him/herself or fellow parents to become officers of the PA Executive Board and we welcome and encourage all parents to consider the opportunity to serve. For further information consult the Community Directory & Student Handbooks 2009-10 pg. 285. Contact your campus VPs or any current Board members with questions. All nominations go to Gwill York at gwill@lcpartners.com.

On-Going Projects

Bivouac Bank: The Biouvac Bank is up, running, and accepting donations to offset the expenses of next fall's 9th graders for their wonderful wilderness experience. We are looking for sleeping bags, raingear, jackets, work gloves, rubber boots, tarps, eating utensils—these items can be things your family has used and won't use again. We will be collecting items in December and again in early August. Donations would be greatly appreciated! Ready to donate? Contact Sonia at sparisca@comcast.net.

Zack McLeod: Dinner or groceries for the McLeod family. Zack is doing much better. He continues at Spaulding Rehab Hospital, working very hard. The McLeods appreciate the dinners and groceries enormously; it has been a tremendous help. Thank you to everyone who has helped so far. If you want to join BB&N's food brigade for the McLeods, [Click Here](#) for the doodle link.

Special Lunches: Special Lunches at the Upper School Cafeteria consist of a series of lunches organized by region or theme with the aim of expanding the culinary knowledge and enjoyment of our students. Past events include Diwali Festival (Festival of the Lights) and Latin American Day. Parents contribute by providing menu ideas, donating typical sweets, decorating, and/or helping the day of the event. (2 hours)

Next Special Lunches include: Chinese New Year, Mardi Gras, Cinco de Mayo and Caribbean Soul. If you want to get involved, contact Nonna Gale at nonnagale@earthlink.net.