

## Summer @ BB&N: Physician Health Form

*All employees must provide documentation of an annual physical examination within the twelve months preceding the opening of camp. This form is to be completed by a Licensed Provider prior to attendance at camp. Please mail completed forms to Summer @ BB&N*

**Mail to: BB&N Summer Camp, Attn: Summer Camp Director, 80 Gerry's Landing Road, Cambridge, MA 02138**

Employee's Name \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Are you over 18yo? \_\_\_\_\_

**Physical Examination by a Licensed Provider:** *The remainder of this form is to be completed by a Physician L*

### I. Complete Health History

*Check YES or NO if you have experienced any of the concerns listed. If YES, describe.*

| Health Concerns                          | Yes | No | Comments - Treatments and appropriate dates |
|--|-----|----|---|
| Cardiac Disease                          |     |    |   |
| Seizures/Neurological Disorder           |     |    |   |
| Diabetes/Metabolic Disorder              |     |    |   |
| Blood Disorder                           |     |    |   |
| Hospitalizations/Surgery                 |     |    |   |
| Asthma/Respiratory Disorder              |     |    |   |
| Chronic Illness                          |     |    |   |
| Visual Deficit/Eye Disorder              |     |    |   |
| Hearing Deficit/Ear Disorder             |     |    |   |
| Speech Deficit/Throat Disorder           |     |    |   |
| Digestive Disorder/Diet Restriction      |     |    |   |
| Orthopedic Disorder/Activity Restriction |     |    |   |
| Menstrual/Genitourinary Disorder         |     |    |   |
| Chicken Pox                              |     |    |   |
| Mononucleosis                            |     |    |   |
| Psychological Concerns                   |     |    |   |
| Attention Deficit Disorder               |     |    |   |
| Eating Disorders/Compulsions             |     |    |   |
| Suicide Gestures                         |     |    |   |
| Other                                    |     |    |   |

### ALLERGY HISTORY

Do you have any allergies? (Circle one) YES NO

If "Yes," please document allergy, typical response and treatment plan.

| ALLERGEN | Typical Reaction | Treatment Plan |
|----------|------------------|----------------|
|          |                  |                |
|          |                  |                |
|          |                  |                |

**VALIDATION OF HEALTH HISTORY and RELEASE CONSENT:** I do hereby confirm that the health information provided here is accurate and honest. I give consent for information relevant to my safety to be released on a need-to-know basis.

Signature of Employee \_\_\_\_\_ Date \_\_\_\_\_

If Employee is under 18 yo: Signature of Legal Guardian \_\_\_\_\_ Date \_\_\_\_\_

## II. Physical Examination by a Licensed Provider

Please have the Licensed Provider complete this form or a form supplied by the Licensed Provider may be attached to this form.

I have examined \_\_\_\_\_ on \_\_\_\_\_.

### IMMUNIZATION HISTORY

Please record the dates (month/year) of basic immunizations and most recent booster.

| VACCINES    | Dates |  |  |  |
|-------------|-------|--|--|--|
| DPT         |       |  |  |  |
| Td          |       |  |  |  |
| OPV/IPV     |       |  |  |  |
| MMR         |       |  |  |  |
| Hib         |       |  |  |  |
| Hepatitis B |       |  |  |  |
| PPD/Mantoux |       |  |  |  |
| Varicella   |       |  |  |  |
| Other       |       |  |  |  |

### PHYSICAL EXAMINATION

Please indicate "YES" if individual's examination is *within normal limits* or "NO" if exam is of concern.

If "NO" is checked, please describe condition.

Height \_\_\_\_\_ Weight \_\_\_\_\_ Pulse \_\_\_\_\_ Respiration \_\_\_\_\_ Blood Pressure \_\_\_\_\_

| SYSTEM             | YES | NO | Comment |
|--------------------|-----|----|---------|
| General Appearance |     |    |         |
| Skin               |     |    |         |
| Eyes/Vision        |     |    |         |
| Ears/Hearing       |     |    |         |
| Nose               |     |    |         |
| Mouth/Teeth        |     |    |         |
| Cardiovascular     |     |    |         |
| Lungs              |     |    |         |
| Abdomen            |     |    |         |
| Genitourinary      |     |    |         |
| Musculoskeletal    |     |    |         |
| Neurologic         |     |    |         |
| Development        |     |    |         |
| Other              |     |    |         |

### RECOMMENDATIONS WHILE AT CAMP

- Does the individual have any activity restrictions? YES NO Describe \_\_\_\_\_
- Does the individual have any dietary restrictions? YES NO Describe \_\_\_\_\_
- Will the individual be receiving medications while at camp? (Prescription or OTC) YES NO

(If "YES," please list all medications the individual will take while at camp. A medication order form must be completed for each medicine the individual will receive. Please use one form per medicine.) \_\_\_\_\_

### VALIDATION OF EXAMINATION

In my opinion, the above individual may participate in an activecamp program with the noted restrictions.

Licensed Provider Signature \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State/Zip \_\_\_\_\_

Telephone \_\_\_\_\_ FAX/Email \_\_\_\_\_

**In order to ensure the quickest receipt of this document please return to the following address:**  
**BB&N Summer Camp, Attn: Summer Camp Director, 80 Gerry's Landing Road, Cambridge, MA 02138**