

2009 NEW HAMPSHIRE OVERNIGHT PROGRAM Supply List

Essential Equipment

Raincoat
Sweatshirt or Fleece Jacket
Bathing suit and towel
Sneakers, 1 or 2 pairs

Optional Equipment

Camera
Flashlight
Books
Games
Sandals

Please Do Not Bring

Food or Chewing Gum
Radio, Tape Player, or iPod™
Electronic games
Cell phones

Suggested Equipment

Sleeping bag or two blankets
Pillow
Socks and underwear
Long pants
Shorts
Shirts
Toothpaste and Soap
Pajamas
Insect Repellent
Sunscreen
Hairbrush or Comb

Prescription Meds

Do not pack them
Please give original container
to Sue Randall upon Check-In

** Note: a nametag or label on each item is very helpful.
