



Buckingham Browne & Nichols School
80 Gerry's Landing Road, Cambridge, MA 02138-5512

BBN Club Squash Program

Coaching Staff: Nadeem Osman, Omar el-Kashef & Luke Forster

General questions: Please email jen@togusa.co, CC nadeem@togusa.co & rick_foresteire@bbns.org

Training Locations:

MIT: 120 Vassar Street, Cambridge MA 02139

Belmont Hill (BH): 350 Prospect Street, Belmont MA 02478

Tryouts:

Wednesday November 30th, MIT 3-4PM

Friday December 2nd, MIT 3-4PM

General Schedule:

Monday @ BBN, 3:30-4:30 (YOGA)

Wednesday @ MIT 2-4PM (JV 2-3PM; Varsity 3-4PM)

Friday @ MIT 4-5PM (Varsity)

Saturday @ BH 9-11AM (9-10:30AM JV; 9:30-11AM Varsity)

Sunday @ BH 1:30-3:30PM (Varsity)

* Varsity only

** Varsity and JV

*** JV only

Please note that some dates/ days vary due to court bookings at MIT. Please review the schedule below.

Additional training available on a private basis: Please contact TOG at email info@togusa.co

Date Wednesday Friday Saturday Sunday

December 3, 2011 BH 9am to 11am
December 4, 2011 BH 130pm to 330pm
December 7, 2011 MIT 2pm to 4pm
December 9, 2011 MIT 4pm to 5pm
December 10, 2011 BH 9am to 11am
December 11, 2011 BH 130pm to 330pm
December 14, 2011 NO SQUASH
December 16, 2011 MIT 4pm to 5pm
January 4th, 2012 MIT 4pm to 5pm *
January 6th, 2012 MIT 3pm to 5pm **
January 7th, 2012 BH 9am to 11am
January 8th, 2012 BH 130pm to 330pm
January 11th, 2012 MIT 2pm to 4pm
January 13th, 2012 MIT 4pm to 5pm
January 14th, 2012 BH 9am to 11am
January 15th, 2012 BH 130pm to 330pm
January 18th, 2012 MIT 4pm to 5pm *

Date Wednesday Friday Saturday Sunday

January 20th, 2012 MIT 4pm to 5pm
January 21st, 2012 BH 9am to 11am
January 22nd, 2012 BH 130pm to 330pm
January 23rd, 2012 Monday MIT 3pm to 5pm
January 27th, 2012 MIT 4pm to 5pm
January 28th, 2012 BH 9am to 11am
January 29th, 2012 BH 130pm to 330pm
February 1st, 2012 MIT 2pm to 4pm
February 3rd, 2012 MIT 4pm to 5pm
February 4th, 2012 BH 9am to 11am
February 5th, 2012 BH 130pm to 330pm
February 6th, 2012 Monday MIT 3pm to 4pm ***
February 10th, 2012 MIT 4pm to 5pm
February 11th, 2012 BH 9am to 11am
February 12th, 2012 BH 130pm to 330pm
February 15th, 2012 MIT 3pm to 5pm
February 17th, 2012 MIT 4pm to 5pm
February 18th, 2012 BH 9am to 11am
February 19th, 2012 BH 130pm to 330pm
February 22nd, 2012 MIT 3pm to 5pm (last day)