

BB&N'S ANNUAL "HAVE-A-HEART" FOOD DRIVE
Benefiting the Preventive Food Pantry at Boston Medical Center
TUESDAY, FEBRUARY 7th – FRIDAY, FEBRUARY 17th

Beginning February 7th, BB&N will again show its heart by collecting food for the **Preventive Food Pantry at Boston Medical Center**. The pantry's focus is to prevent and treat the health and developmental consequences of hunger and malnutrition. The pantry currently provides nutritionally-appropriate food and counseling **to over 7,500 patients and their families each month**. Your participation in this our 10th annual drive will make a crucial difference for many of these families.

Be an active part of BB&N's caring community. See what your grade is responsible for donating (see list below), be creative, get others involved...do your part! There will be donation drop-off locations at each campus.

LOWER SCHOOL

- Beginners: Baby Food (jars of strained fruit, vegetables, and meat)
- Kindergarten: Macaroni and Cheese (7.25 oz)
- 1st Grade: Canned Fruit (15 oz, packed in juice or water)
- 2nd Grade: Canned Vegetables (15 oz, any variety)
- 3rd Grade: Dry Pasta (1 pound, spaghetti & elbows preferred)
- 4th Grade: Tuna Fish (6 or 6.5 oz, packed in water)*
- 5th Grade: Dried & Canned Beans (any variety)
- 6th Grade: Canned Soup (10 – 18 oz, any variety especially low sodium)

MIDDLE SCHOOL

- 7th Grade: Graham Crackers (14 oz)
- 8th Grade: Peanut Butter (regular and reduced-fat, 16oz plastic jars)*

UPPER SCHOOL

- 9th Grade: Non-sugared Hot & Cold Cereal (14 - 16 oz)*
- 10th Grade: Rice (1-2 lb bags)*
- 11th Grade: Pasta Sauce (26 oz jars or cans (plastic jars if possible)
- 12th Grade: Parmalat Milk (quart)

***Identified as a "High Priority" item. Please consider donating a little extra!**

This year our goal is to contribute over **1,500** food items, as there has been a significant increase in need! With your help, our 10th annual food drive can be our biggest ever!

Thank you in advance for your participation.

For questions or more information, please contact the parent representative on your campus:

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